

Breakfast Menu (all meals are served with milk)
 Each week will offer 2 hot meals and 3 cold meals for Breakfast
Breakfast is served UP TO 8:30am



Week 1

**Pancakes, Turkey Sausage and Pears	Cheerios, Banana and Sun Butter	Turkey slices, melon, and cheese	Cereal w/milk and peaches	Pineapples and Fruit Bar
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Week 2

Bagels, Pears and cream cheese	Turkey Sausages, apples and cheese	**Waffles, Bananas and Sun Butter	Yogurt, peaches, and graham crackers	Cereal and bananas
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Week 3

**Pancakes, applesauce and raisins	Bagels, oranges and cream cheese	Cereal w/milk and apples	Sun Butter roll-up and Banana	Yogurt and fruit cereal bar
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Week 4

Cheerios, peaches	Fruit Cereal bar and orange slices	Turkey Sausages, pears and cheese	Banana, bagel and cream cheese	**Waffles, pineapple and sun butter
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Week 5 (Only served on months in which there is a 5th week April/July/Sept)

**Pancakes, raisins and Sun butter	Melon, bagel and cream cheese	Cheerios and bananas	Turkey slices, apples and cheese	Cereal w/milk and apples
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** lite syrup offered *Sun Butter*- is an alternative to peanut butter and is made from sunflower seed. Contains no nuts.

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Infant Room Breakfast Menu Ages 4mo-10mo.

Infants are served an infant cereal with a pureed fruit of the week for breakfast and a vegetable will be added for lunch. If your child does not eat the fruit or vegetable being offered, then they will be served just the cereal indicated for that week. There are no substitutions.

Week 1- Oatmeal and Applesauce **Week 2**-Rice Cereal and Pears **Week 3**-Multigrain cereal and applesauce **Week 4**-Oatmeal and peaches

Week 1- Green vegetable **Week 2**- Orange Vegetable **Week 3**- Green Vegetable **Week 4**- Orange vegetable

Vegetables are based on availability. **Green** vegetables may be peas or green beans. **Orange** vegetable may be either carrots or yams. Daily reports will indicate what was being served.

*Once your child is eating finger foods (9-10months old) they will be served the breakfast items listed on the full school menu. All items are softened and diced to age appropriate sizes. All children should be introduced to the full menu of items offered by the age of 1 year.